



# RIDER MANUAL THE BEND MOTORSPORT PARK 26-27 March 2022

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## **WELCOME TO REVOLVE24 2022**

Revolve24 is a great challenge for anyone to undertake – whether you are entering as a soloist or in a relay team. Some of you will be riding hard to break records and win your categories, whilst others will want to do as much as you can to raise awareness and funds for JDRF. You may well want to watch the other events that are taking place over the weekend and details of these events are included for your information.

We want to create a memorable event for all involved – without creating a whole load of rules that get in the way of your enjoyment and fun.

Where we have made event rules these are for the safety of all taking part. Guidance for using the Pit Garages and the track is to allow everyone to enjoy being at this fabulous venue and experience all it has to offer. Please follow these simple rules and the advice or instruction offered by our team, as it will help us all get the best experience for everyone.

Thanks in advance for your co-operation in helping us make this event a success. With common sense, good humour and helpfulness all round we're sure we'll all enjoy a great weekend.

We are looking forward to seeing you at The Bend Motorsport Park.

#### Revolve24 Team



## **KEY STAFF CONTACT DETAILS**

We work as a team to make your experience as enjoyable as possible – basically David and Stephen do everything they can to ensure things run smoothly around the venue whilst Jaed makes sure all is safe and fair on the track.

David Fell | Event Organiser | davidf@revolve24.com

Jaed Hopgood | Race Director | jaedhopgood@icloud.com

Stephen Stubbs | Event Manager | blackstonesports1@outlook.com

The Welcome Centre will be manned as much as possible over the weekend. In the event of an emergency over the course of the event weekend call **Stephen Stubbs 040 3042 447** 

## **WEEKEND SCHEDULE 2022**

The event schedule is below. If changes are unavoidable we will communicate these to you as quickly as we can.

	FRIDAY 25 MARCH					
17.00	Gates open.					
17.00 – 21.00	24 Hour and 6 Hour Challenge Registration WELCOME CENTRE					
21.00	Gates Close.					
SATURDAY 26 MARCH						
06.30	Gates open & access to Team Garages for registered riders					
07:30 - 10:30	Norwood CC - The Bend Kermesse					
	Session 1 - U17/15 Junior Handicap, U13 handicap					
	Session 2 - B men D Men, B Women Kermesse race					
	Session 3 - A Men, C men, A women Kermesse race					
08.00 - 11.30	24 Hour and 6 Hour Challenge Registration <b>WELCOME CENTRE</b>					
10.30 – 11.20	24 Hour and 6 Hour Orientation Laps INTERNATIONAL CIRCUIT					
11.30	24 Hour and 6 Hour Challenge Registration Closes					
11.30 – 11.50	24 Hour and 6 Hour Challenge briefing <b>PIT LANE</b>					
11.50	24 Hour and 6 Hour Challenge Riders and Bikes onto the Track for Le Mans Racing Start					
12.00	24 HOUR AND 6 HOUR CHALLENGE STARTS					
12.30 – 18.30	12 Hour Challenge Registration <b>WELCOME CENTRE</b>					
14:00	Massage / Treatment Zone Opens. GARAGE 19					
18.00	6 Hour Challenge Finishes					
18:00 – 18:30	6 Hour Medal collection and timing chip return WELCOME CENTRE.					
18:20	6 Hour Podium Presentation <b>PODIUM</b>					
18.30	12 Hour Challenge Registration Closes					
18.40	12 Hour Challenge briefing in <b>WELCOME CENTRE</b>					
18.55 – 19.05	24 Hour Riders – Pit lane closed for start of 12 Hour Challenge					
18.55	12 Hour Riders and bikes to gather PIT LANE					
19.00	12 HOUR CHALLENGE STARTS					
20.00	Massage Closes GARAGE 19					
21.00	Gates Close					

SUNDAY 27 MARCH				
07.00	Gates Open			
07.00	12 HOUR CHALLENGE FINISHES			
07.00-07.30	12 Hour Medal collection and timing chip return WELCOME CENTRE			
07.20	12 Hour Podium Presentation <b>PODIUM</b>			
08.00	Massage Opens. GARAGE 19			
11.20-12.20	24 Hour Medal collection and timing chip return <b>WELCOME CENTRE</b>			
11:30 – 12:00	All Riders allowed on track (ONE RIDER ONLY WITH TIMING CHIP)			
12.00	24 HOUR CHALLENGE FINISHES			
12.20	24 Hour Podium Presentation <b>PODIUM</b>			
12.30	Vehicle access to the Paddock area is open for clearance of garages			
13.00	Catering Closes			
14.00	Massage / Treatment Zone Closes. GARAGE 19			
14.30	Revolve24 @ The Bend finishes			

## **COVID SAFE**

We have implemented a series of COVID-safe measures at the event as preventative measures. All visitors must declare and agree to the following prior to entering the venue:

- You are not showing any symptoms of COVID-19.
- You are not a close contact with a person who has been confirmed with COVID-19 and are required to isolate.
- You are not awaiting results of a COVID-19 test and are not currently required by relevant authorities to quarantine or self-isolate.
- You agree to scan the QR Code on arrival at The Bend Motorsport Park— NOTE: please ensure you have the mySA GOV app downloaded onto your phone.
- You agree to maintain physical distancing of 1.5m, in line with SA Government guidelines. This is particularly the case indoors e.g., whilst queuing to register at check-in.
- You agree to wear a mask whilst indoors.
- You will follow good hygiene practices while onsite.
- You will follow any relevant Covid-19 Safety Plan requirements advised to you and any reasonable direction of Revolve24 Aus Pty Ltd staff, security staff, volunteers and/or emergency services.

#### **RULES AND REGULATIONS**

Our priority in delivering our Challenge Events is to ensure all riders have a safe and enjoyable experience whilst testing their physical and mental limits.

In order to create the authentic experience, the Revolve24 event is registered with and sanctioned by AusCycling and therefore follows the AusCycling rules and regulations. A full version of these is available on their website <a href="https://auscycling.org.au/page/about/governance-rules-policies">https://auscycling.org.au/page/about/governance-rules-policies</a>

As an Endurance Relay Event we have developed additional rules and guidance for your safety. The Safety Briefing can be found and downloaded here: <a href="https://www.revolve24.com/riderinformation">https://www.revolve24.com/riderinformation</a>

It is compulsory for all riders to read, and acknowledge they have read, the Revolve24 Safety Briefing when they register.

No alcohol, drugs or pets are allowed on site and there is no consumption of alcohol allowed in the garages.

#### ON TRACK SAFETY

Revolve24 offers an excellent traffic free environment for cycling with a fast, smooth surface, and The Bend has a CCTV system which monitors the track. We anticipate a wide range of abilities in the event so a few tips may prove invaluable for you:

- Take your time to get to know the circuit and corners, not rushing the corners until you have a good understanding of the line to take.
- Give one another space.
- Pass and be passed safely: When passing riders on the corners, the passing rider should take an outside line to pass the slower rider(s). No undertaking is allowed.
- Eat and drink on flat straight sections and away from corners, better still focus on this in your downtime.
- Carry your own spares to get you back to the pits.
- Once on the course (including the pit lane) all riders must follow the course in a clockwise direction. Only one rider per team is allowed on the course at a time during the event.
- Non-riding team members MUST NOT ride on the course, including the pit lane.
- There are no short cuts permitted at any point.
- No headphones for music or radios can be worn at any time. Riders need to be able to hear other riders and marshalls at all times.
- Riders should not ride erratically at any time, including unnecessary and unpredictable changes in direction or braking that may lead to accidents. If riders are showing signs of fatigue or dehydration in their riding style we may bring you in to the Medical Centre to assess whether you are fit to continue.
- Under certain circumstances there may be a requirement to bring vehicles onto the circuit, for example to attend to a medical incident. Should this happen please move to the side of the track and allow the vehicle to pass you quickly and safely.
- Bike maintenance and warm up should be done in the paddock area.

In exceptional circumstances the Race Director may choose to temporarily neutralise, or stop the Challenge. This will be communicated to riders in the following ways:

- YELLOW FLASHING LIGHTS indicate an incident.
- If there are YELLOW FLASHING LIGHTS, riders should continue to circulate slowly and safely around the circuit.
- **RED LIGHTS** indicate that the event has been stopped, riders should continue slowly back to the pits and await further instructions.

## **EQUIPMENT**

It is the responsibility of each rider to ensure that your bike is in suitable condition for the event, and that you have the relevant spares required to get you through the weekend.

Please read the Bike Eligibility Guidelines in our FAQ https://www.revolve24.com/riderinformation. Failure to comply with these regulations may result in exclusion.

- Road bikes and hybrid bikes are permitted.
- TT Bikes, bikes equipped with clip on aero bars or bikes equipped with solid disc wheels are NOT permitted.

#### RECUMBENTS

Please note that there will recumbents on track during the 24hr Challenge. The track is very wide and there is plenty of room for all. Please give each other space on track.

#### LIGHTING

There will be no significant lighting anywhere on the circuit. It is the Participant's responsibility to ensure their lights remain charged and switched on in the dark and at other times when the Race Director deems necessary. Any riders with lights considered inappropriate will be removed from the circuit for their own safety.

**Front Light Guidance:** Participants should use a high-powered front bicycle light for use in the dark, which provides adequate light to see the track in front.

**Rear Light guidance**: Low powered rear lights should be used and **never** on a flashing setting – enough to be seen but not cause blinding or a distraction.

#### **RELAY TRANSITION**

If you are in a team then the Team Captain will have been issued a slap band at registration, to be worn on the wrist.

The transition from one team member to another is by passing the slap band when stationary in the Pit Lane.

Only one rider from the team should be on-track at any given time, except for the final 30mins of the 24hr Challenge. During this final 30mins all team members can ride together on track. One rider can retain the timing chip on their bike. **ALL OTHER RIDERS** need to remove their timing chip prior to leaving the pits.

#### THE PIT LANE

The Pit Lane is used as the transition area for all Challenge Events – as such it can become very busy, so please follow the following guidance:

#### PIT LANE: RIDERS

Please pay attention to other riders and any pedestrians in the pit lane.

Transitions should take place ONLY on the left-hand side of the pit lane, in front of Riders' Garages.

All riders entering the circuit for a transition should wait for their teammate at the line between the grey concrete and black tarmac.

No riding should take place on the concrete area immediately in front of the garages.

Riders transitioning should ensure that they do not obstruct other riders in the transition zone.

No Running Push Starts are permitted.

Under no circumstances should riders ride against the flow of the circuit in the pit lane.

In order to ensure that this remains safe for all riders we have two critical rules in place:

- You CANNOT record a fastest lap when you complete a lap into, or out of, the pit lane this will be monitored by the timing system and in turn by the Race Director.
- There will be a strictly imposed speed limit in the pit lane (20kph) <u>a speed display will be prominently displayed.</u>
  Penalties may be applied for exceeding the speed limit.

## PIT LANE: PEDESTRIANS

Pedestrians in this area must be vigilant to riders. If you are crossing the Pit Lane to the pit wall and edge of the main circuit please ensure that you do so with extreme care, and ensure that the riders' route is not obstructed.

During the night, it is advised that all non-riders wear reflective clothing in the Pit Lane.

## **PENALTIES**

At the sole discretion of the Race Director, penalties may be imposed on Riders / Teams not adhering to the Rules.

Random checks will be made during the Challenge to ensure compliance with security and safety regulations. Penalties can also be imposed, up to disqualification, for cheating or unsporting behavior – especially when another rider's safety is jeopardised.

Persistent minor offences attract incremental penalties – severe offences (e.g. dangerous riding) can lead to instant disqualification.

Offences that may attract penalties include:

- Speeding in the Pit Lane.
- Not wearing a helmet.
- Dropping objects around the course.
- Starting before the flag drops.
- Not using a light during the night-time period.
- Inappropriate or unsporting behaviour towards other participants.
- Use of radio communications with riders.
- Non-conforming equipment.
- Dangerous riding.
- Wearing earphones.

First Offence: Formal Warning (Held in Pit Lane Penalty Box for 30 Seconds).

Second Offence: 1 Lap Penalty.

Third Offence: Disqualification from Challenge.

#### **TIMING**

## **PRO CHIP TIMING**

All our events use Pro Chip timing to make our results as accurate as possible. It is advised you affix these chips to the left front fork of your bike yourselves, using the instructions provided. If you are struggling with this, then assistance fixing the chips is available in the Mechanics' Pit Garage 19.

The timing chips are very expensive and MUST be returned after your event. Failure to return the chip will result in a \$50 charge. Please return the chip to the Welcome Centre to receive your finisher's medal.

#### LIVE EVENT TIMING

There will be screens in the Welcome Centre displaying the timing data. You could also bring along an iPad if you want to chill elsewhere and watch the timing data tick over.

A live timing feed of the events can be found on our website https://www.revolve24.com/results-live-timing

Post event data will also be available on the same sources.

## **RIDER NUMBERS**

You will be issued with a personalised Rider Bib, to be worn at all times on the lower back of the jersey, plus helmet sticker. Rider Numbers will identify the Individuals and Teams by Challenge.

## **EVENT INSTRUCTIONS & TIMING: 24HR CHALLENGE PARTICIPANTS**

## Vehicle entry & exit to Paddock:

The following times are when you can enter & exit the Revolve24 Paddock area.

ENTRY between 17.00 - 21.00 on Friday 25 March.

ENTRY between 08.00 - 11.30 on Saturday 26 March.

Entry to the area next to the bike racks is only permitted with an Electrical Hook Up Pass.

**EXIT** between 12.30 to 14.30 on Sunday 27 March.

## **Registration:**

Registration for the 24hr Challenge will be open in the WELCOME CENTRE at the following times:

Friday 26 March 17:00 - 21:00.

Saturday 27 March 08:00 - 11:30.

Riders must register and collect the rider pack before being allowed into their garage and onto the circuit.

## **Pit Garage Allocation:**

Riders will be notified of their garage number upon registration.

## **Rider Briefing:**

All participants must have read the Safety Briefing and confirm that they have done so, and understood it, during registration.

Pre-Challenge briefing will be held in the PIT LANE at 11:30 on Saturday 26 March.

All team captains, or a team representative, must attend the pre-race briefing for their event.

#### **Circuit Familiarisation**

There will be an opportunity for all riders to familiarize themselves with the track between 10:30 - 11:20 on Saturday 26 March.

Please be aware that there may be people riding at very different speeds during Circuit Familiarisation so please check around you before slowing or changing line on the track.

#### **Start Procedure:**

The 24hr and 6hr Challenge commences with a "Le Mans" style start - grid positions determined by the pre-event rankings calculated from the Strava Club distance and elevation gain.

Each team will designate one rider to start the race who will stand on the Pit Lane side of the circuit. A team-mate/supporter will hold his/her bicycle on the opposite side of the track.

All bikes, riders and supporters must be in position by 11.55 on Saturday 26 March – please allow plenty of time to get into the correct order. Riders in the 24hr and the 6hr Challenge start together.

## Final 30 mins:

On Sunday 27 March, for the final 30 minutes of the 24hr Challenge, all riders from teams will be allowed on track. Only one rider will be permitted to have a timing chip attached to their bike. All other riders in the team **MUST** remove their timing chip prior to going out on track. Clippers are available in the mechanic's garage and at the Welcome Centre. The timing chip must be returned to the **WELCOME CENTRE**.

#### **Podium Presentation:**

Ceremony for the 24hr Challenge will take place in the PIT LANE at 12:20 on Sunday 27 March.

## **EVENT INSTRUCTIONS & TIMING: 6HR CHALLENGE PARTICIPANTS**

## Vehicle entry & exit to Paddock:

The following times are when you can enter & exit the Revolve24 Paddock area.

ENTRY between 17.00 - 21.00 on Friday 25 March.

ENTRY between 08.00 - 11.30 on Saturday 26 March.

Entry to the area next to the bike racks is only permitted with an Electrical Hook Up Pass

**EXIT** from the Bend Motorsport park is until 21.00 on Saturday 26 March at which points the gates are closed.

## **Registration:**

Registration for the 6hr Challenge will be open in the **WELCOME CENTRE** at the following times:

Friday 25 March 17:30 - 20.45.

Saturday 26 March 08:00 - 11:30.

Riders must register and collect the rider pack before being allowed into their garage and onto the circuit.

## **Pit Garage Allocation:**

Riders will be notified of their garage number upon registration.

## **Rider Briefing:**

All participants must have read the Safety Briefing and confirm that they have done so, and understood it, during registration.

Pre-Challenge briefing will be held in the PIT LANE at 11:30 on Saturday 21 March.

All team captains, or a team representative, must attend the pre-race briefing for their event.

#### **Circuit Familiarisation**

There will be an opportunity for all riders to familiarize themselves with the track between 10:30 – 11:20 on Saturday 21 March.

Please be aware that there may be people riding at very different speeds during Circuit Familiarisation so please check around you before slowing or changing line on the track.

## **Start Procedure:**

The 6hr and 24hr Challenges commence with a "Le Mans" style start - grid positions determined by the pre-event rankings calculated from the Strava Club distance and elevation gain.

Each team will designate one rider to start the race who will stand on the Pit Lane side of the circuit. A team-mate/supporter will hold his/her bicycle on the opposite side of the track.

All bikes, riders and supporters must be in position by 11.55 on Saturday 26 March – please allow plenty of time to get into the correct order. Riders in the 24hr and the 6hr Challenge start together.

#### **Podium Presentation:**

Ceremony for the 6hr Challenge will take place in the PIT LANE at 18:20 on Saturday 26 March.

## **EVENT INSTRUCTIONS & TIMING: 12HR CHALLENGE PARTICIPANTS**

## Vehicle entry & exit to Paddock:

The following times are when you can enter & exit the Revolve24 Paddock area.

ENTRY between 12:30 - 18.30 on Saturday 26 March

Entry to the area next to the bike racks is only permitted with an **Electrical Hook Up Pass** 

## **Registration:**

Registration for the 12hr Challenge will be in the **WELCOME CENTRE** on Saturday 26 March between 12:30 – 18:30.

Riders must register and collect your rider pack before being allowed into their garage and onto the circuit.

## **Pit Garage Allocation:**

Riders will be notified of their garage number upon registration.

## **Rider Briefing:**

All participants must have read the Safety Briefing and confirm that they have done so, and understood it, during registration.

Pre-Challenge briefing will be held in WELCOME CENTRE at 18:40 on Saturday 26 March.

All team captains, or a team representative, must attend the pre-race briefing for their event.

## **Start Procedure:**

The Dusk 'til Dawn 12hr Challenge will start in the pit lane at 19.00 on Saturday 26 March.

Riders should assemble at outside the **WELCOME CENTRE** with the starting rider for each team mounted ready for the start at 18:55.

## **Podium Presentation:**

Ceremony for the 12hr Challenge will take place in the **PIT LANE** at 07:20 on Sunday 27 March.

## **GENERAL ARRIVAL, ACCESS AND REGISTRATION**

Upon arrival, please show your Active ticket to the Marshall, drive under the arch and park where directed. Make your way on foot to the **WELCOME CENTRE** to check-in at registration. This is where you will receive all your relevant documents, rider numbers and garage allocation.

The Bend will be busy during the weekend – so please adhere to the following guidance to allow cars, bikes and pedestrians to live comfortably side-by-side:

- Car access and exit is only via the main archway entrance.
- Access to the Welcome Centre is on foot.
- Park where directed by marshals.

<u>Under no circumstances</u> are participants allowed to take their vehicle onto the track; anyone doing so will be removed from the event immediately.

## **PARKING**

Parking is free for all riders and your supporters in the Revolve24 Paddock area for the duration of your event. You will need to show your wristband to the marshalls to access the Revolve24 Paddock. Parking is permissible in all areas of the Revolve24 Paddock **except** the area between the witches hats and the bike racks.

If you have purchased an **Electrical Hook-Up Pass** then you are allowed beyond the witches' hats, next to the bike racks, as directed by marshalls. These passes can be purchased at Registration.

#### RIDER REGISTRATION: ALL EVENTS

Registration for all events will take place in the **WELCOME CENTRE** at allocated times (see schedule of your specific event). For registration in all races you will need:

- Photographic Proof of Identity (e.g. Work ID, Driving Licence) not required if you have a CA membership card.
- To sign the Registration Document and Event Waiver.
- If you are not a member of AusCycling and have not pre-purchased a day membership, you will be required to do so at registration at a cost of \$30.

Once registered you will be provided with:

- Individual Rider Number Bib, pins & helmet sticker.
- Individual Timing Chip (these must be returned upon completion of the race or you will be charged \$50).
- Participant Wrist Band.
- Crew Member Wrist Band(s).
- Your Team Pit Garage Number.
- Any pre-bought items or vouchers for pre-bought items e.g. Electrical Hook-Up pass, Santini Cycling Gear.
- If you are a team captain during the 6hr, 12hr and 24hr Challenges you will also be provided with a "Slap Band" that will be your team's "Baton" to be used during the race (to be placed on the wrist).

#### THE REVOLVE24 PADDOCK AND PIT GARAGES

The Revolve24 Paddock area is the heart of the weekend – containing The Welcome Centre, Massage Services, Food, Toilets, Mechanical Support and the Team Pit Garages.

To make the most of these facilities and to deliver a safe weekend we must ensure that pedestrians, cyclists and vehicles coexist safely.

As such, we ask for your help in adhering to the instructions and timings for your Challenge as to when vehicles can enter The Revolve24 Paddock, how long they can stay and when they can leave.

**PLEASE NOTE:** that riding bikes outside of the Pit and Paddock Area is permitted. All access and service roads are considered as public highway and riding is at your own risk, as per any normal public road.

If you are staying at the Big4 Holiday park and are riding your bike to and from the Pit Building you **MUST** have bike lights on at night.

## **ELECTRICAL HOOK UP PASSES**

Electrical Hook Up Passes can be bought, subject to availability, from Active or the Registration Desk in the **WELCOME CENTRE** (payment by cash or card).

The passes entitle you to park your vehicle (Car or Motorhome) in the area between the witch's hats and the bike racks, directly behind the pit garages, as directed by marshals.

All Electrical Hook Up Pass holders will be handed a form at registration – to be completed with your name, contact number and vehicle registration number and clearly displayed in the windscreen of your vehicle at all times.

## THE PIT GARAGES

The Pit Garages are busy hubs of activity: Preparing for your stint on the track, doing kit checks, refuelling, helping team mates or having a laugh.

Pit Garages are shared with other riders – supporting your fellow riders is all a part of the spirit of Revolve24 and this will help make everyone's experience a positive one.

- Pit Garages are accessible from 17:00 on Friday 25 March and only to participants and supporters in possession of event wrist bands.
- Please be considerate of others during your event in terms of what you bring into the garage.
- Having a short nap in the Pit Garages is fine but there is not enough room for a long sleep.
- Please take advantage of the other options for getting proper rest during the challenge (including sleeping at the Big4 Holiday Park or the Rydges Pit Lane Hotel).
- Fold up chairs are permissible but one each is not required (soloists excepted!), and cannot be accommodated.
- Water is available from Hydration Stations in the Pit Lane.
- Running water is available at the bathrooms at the back of the garages in the two WCs.
- All garages contain plenty of power points please feel free to bring adaptors of your own.

We'll be on hand to guide as to what is reasonable – please use a degree of common sense for the benefit of other participants and their support crews.

## **CREW PASSES**

To manage your experience, we limit access to the Pit Garages and Pit Lane to riders and holders of Pit Crew Passes.

Crew Members will be identified by a White Wrist Band.

#### SITE SECURITY

Whilst only Participants and Crew Pass holders will be able to enter the Pit Garage, leaving property in the garages is at the owner's responsibility.

Revolve24 accepts no liability for any loss or damage to equipment belonging to any individual attending the event.

## **BIKE RACKING**

Ample bike racking will be provided immediately outside the pit garages. We would ask that participants make use of these facilities when not racing, rather than take bikes in the pit garages.

Security guards will be patrolling the Revolve24 Paddock; however, bikes are left at owners' risk and a suitable lock would be advisable.

## Wi-Fi

Wi-Fi will be available in the Pit Garages, Paddock Area and Welcome Centre. The network name is **Revolve24** and the password is **Revolve24** 

#### **SOCIAL MEDIA**

We'll be very active during the weekend posting images, progress and quotes from riders and supporters in the race.

To help spread the news of progress please follow us on our Instagram (revolve24aus), Twitter (@Revolve24Aus) and Facebook accounts (@Revolve24Australia)

#### **EVENT PHOTOGRAPHY**

Nathan Roderick is the official photographer for Revolve24.

Nathan Roderick will be at The Bend Motorsport Park taking shots of riders, teams, support crew and all the action on both Saturday and Sunday. He will be there to get magnificent action photos of you during the day, at dusk and as dawn breaks. He will also be there to take your photo should you make it to the podium!

If you want to have a look at some of his previous work for Revolve24, then go here: https://nathanroderick.pixieset.com/streetwork1212/

High resolution versions of the images will be available to purchase for download here: <a href="https://NathanRoderick.pixieset.com/revolve24/">https://NathanRoderick.pixieset.com/revolve24/</a> 2 days after the event

#### **FOOD AND DRINK**

Fuelling is a critical part of your ride. As with all endurance events, you will have a tried and tested regime of food and drink to bring with you for the weekend.

There are a few options at The Bend for you to top up your supplies, and for your support crew to grab a bite to eat.

All Challenge Participants and Crew Members will have free access to limited snacks, SIS gels and hot drinks which can be found in the **GARAGE 19**. Please only take what you need.

You will be able to bring your food into the Welcome Centre and Garages but not into the Apex restaurant area (Level 1)

## **ALCOHOL**

There is no alcohol permitted in the garages but the **APEX** bar will be open during the weekend. Drinks can be consumed in the Welcome Centre. Please be aware that the blood alcohol limit for riding a bike is the same as for driving a car. We will remove riders from their Challenge if judged to be intoxicated. Please use common sense.

#### **FOOD**

There are three locations where you can buy food and coffee.

#### 1. Apex Restaurant

Apex Restaurant and bar, upstairs in the Welcome Centre:

 Friday 25 March: Breakfast 07.00 – 09.30
 Lunch 12.00 – 14.00
 Dinner 17.30 – Late

 Saturday 26 March: Breakfast 07.00 – 09.30
 Lunch 12.00 – 14.00
 Dinner 17.30 – Late

Sunday 27 March: Breakfast 07.00 – 09.30 Lunch 12.00 – 14.00

#### 2. OTR Motorsport Park (800m walk from the Pit Garages)

Hungry Jacks, Wok in a Box, Eat, Moe's - 24hr availability

## 3. Food truck in the paddock (TBC) / Coffee and Snack bar

If a food truck is unavailable, then food will be served at the Coffee and Snack bar in the Welcome Centre. Coffee will be available here 24hrs a day.

Please do not bring kettles, microwaves or any other form of electrical cooking device into the Pit Garages. These are not allowed for safety reasons. A microwave and a hot water urn are available in **Garage 19**.

#### COOKING

There may be a Total Fire Ban day in the region. This can be determined by visiting the CFS website at www.cfs.sa.gov.au If there is no Total Fire Ban then the following is permitted in given locations:

	Pit Garage	Paddock	Big 4 Camping areas	Welcome Centre
Coal BBQ/open fires	No	No	Designated area	No
Gas BBQ / Gas cooker	No	Vehicles with fitted cooking appliances	Vehicles with fitted cooking appliances and Kitchen	No
Electrical Cooking Appliances	No	Vehicles with fitted cooking appliances	Vehicles with fitted cooking appliances and Kitchen	Hot Water Urn available in Garage 19
Microwave	No	Vehicles with fitted cooking appliances	Vehicles with fitted cooking appliances and Kitchen	Microwave available in Garage 19

#### **SUPPORT**

## **MECHANICAL SAFETY AND SUPPORT**

Please ensure that your bikes and all equipment are in a suitable condition for your Challenge.

Any rider incurring a mechanical issue along the course must either deal with this themselves on course or complete the lap to receive assistance at their team garage or from the mechanical support, **Pro Cycle Garage**, located in **GARAGE 19.** 

The mechanic will have some items for sale, but it is advisable to bring a supply of spare parts / tyres that you feel you may need.

## **MEDICAL SUPPORT**

The fully equipped, 24hr Medical Centre is situated at the southern end of the Pit Building.

The entire circuit is monitored by a CCTV system and by 24hr Race Control Operators. All organisers are connected via radio.

Should you have an incident that requires medical attention, and if it is feasible, please return to the paddock area where first aid provision will be available. For a more serious incident that requires attention on the track then the Race Control Operator will call for medical to be mobilised.

Otherwise, should you require medical assistance please contact one of the Revolve24 Staff who will contact the medical support.

#### **EXTRAS**

## **SPORTS MASSAGE / TREATMENT**

Massage Treatments from Tim The Massage Guy are available in GARAGE 19.

Treatments cost \$15 for 15 minutes and can be booked when you register at the Welcome Centre on a 'first come, first served' basis.

Treatments are available from 2pm - 8pm on Saturday 26, and 8am - 2pm on Sunday 27 March.

## **ADDITIONAL PURCHASES**

The following can be purchased when you register on Active, by following the My Events link on your original confirmation email from Active or via purchase at Registration in the **WELCOME CENTRE**.

ITEM	Description	Pre-Booked	On the Day
Electrical Hook Up Paddock Passes	Access for 24hr & 12hr Challenge	\$50	\$50 (*)
Revolve24 Santini Jersey	Limited supply / sizes available	\$99	
Revolve24 Santini Bib- shorts	Contact bridget@revolve24.com	\$125	

<sup>(\*)</sup> Subject to Availability

#### **PRIZES**

## 24 Kilometres Prize Draw

All participants in the **24Hour Challenge** will automatically be entered in our prize draw. Every 24 kilometres (5 laps) any rider completes, solo or in a team, gets one entry into the draw. Winners will be selected at the Presentation Ceremony at 12:20 on Sunday 27 March. The draw will be at random by a computer generator overseen by our Race Director, Jaed Hopgood. You MUST be present in person at the Presentation Ceremony to collect your prize and no cash alternatives will be offered. T&C apply, see the Revolve24 website.

- Two Suunto 9 Peak GPS watches
- An InfoCrank power meter
- Two Bryton Rider GPS Cycle Computers
- Two pairs of Northwave Extreme GT road cycling shoes
- Two Selle San Marco Aspide Dynamic Open Wide Saddles
- Five Gecko Pave Bar Tapes
- A Morgan Blue Maintenance Kit
- A \$250 voucher off a B&W bike.case.

## **Performance Prizes**

#### **Event Weekend Prizes:**

- Pole position Female and Male (24hr and 6hr Challenge)
- Fastest Lap by Female & Male (\*Timed at the Start-Finish Line). 1<sup>st</sup> only
- Queen & King of Mountain (\*Fastest on the KOM/QOM segment). 1<sup>st</sup> only
- (\*) The fastest times for each section can be recorded at any time regardless of Challenge

## **Relay Challenge Podium:**

Presentations will be for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> in the solo and 2-person categories and for 1<sup>st</sup> in the Team Categories (in each category that has 6 or more teams entered). There will be a photo opportunity for the first three teams in each category following the presentation to the winners.

## 24hr Challenge

- Winning Female & Male Soloists.
- Winning Team for 2-person Male/Mixed category, 2-person Female category, 4-person Male/Mixed category, 4-person Female category, 6-person category and 8-person category.

## **6hr Challenge**

- Winning Female & Male Soloists.
- Winning Team for 2-person Team category.

## 12hr Challenge

- Winning Female & Male Soloists.
- Winning Team for 2-Person category and 4-person category.

## PARTICIPANTS MUST BE AT THEIR PRIZE GIVING TO RECEIVE THEIR PRIZE

## **LEAVING THE SITE**

Please the Pit Garage how you found it.

Help where you can by disposing of your own litter as you go along and before you leave the site.

# Safe journey home!



# APPENDIX 1 - TRACK, PADDOCK, PITS LAYOUT



## PADDOCK AND PIT GARAGE LAYOUT

